



Connections Matter®

Communic8 for Dementia

Exploring Interactions

Exploring Interactions offers a unique approach to interacting. For most of us advancing dementia makes communicating and interacting more complicated. For some, interacting with others may not have come easily in the first place.

So, if you find relating with someone living with a dementia becoming more difficult, then this course is for you.

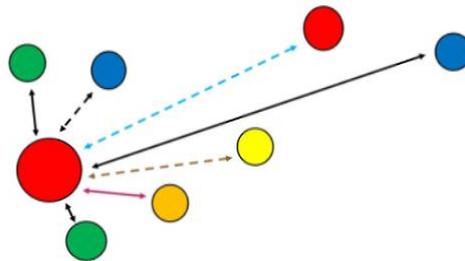
Exploring Interactions is conducted with one couple over three to five sessions and is one part of the multicomponent **The Relational Experience** developed by Dr. Kruger.

This is a unique approach and will give you the support you need, while helping you learn through observation and reflection, building your skills and abilities.

For more information about **Exploring Interactions** and how to book [contact](#) us @ **Connections Matter**.

A member of the team will be in touch with you shortly.

[Go to The Relational Experience](#)





Connections Matter®

Communic8 for Dementia

The Relational Experience

If you want the most comprehensive support **Connections Matter** can offer, then **The Relational Experience** is for you.

The Relational Experience offers you the entire experience to help you reconnect in your relationship.

The Relational Experience is a multicomponent relational-based course that takes **Exploring Interactions** to another level. It is conducted over several weeks to help you achieve the most from your relationship.

Talking is an important part of **The Relational Experience**, so you will have ample opportunity to discuss your feelings and the interactions you have with each other.

The Relational Experience is for two people.* You can choose five or seven modules to support your experience.

- Understanding Dementia
- Grief, Loss and Dementia
- Understanding the Social Network
- Knowing Each Other
- Connecting
- Improv. and Dementia (previously *Offering, Blocking or Accepting*)
- and more.

The Relational Experience will provide you with critical support, as well as increase your awareness, skills, and understanding. We will be surprised if you don't find something new in your relationship after participating in **The Relational Experience**.

For more information about **The Relational Experience**
[Email](#) us @ **Connections Matter**
and a member of the team will be in touch with you shortly.



*That is a person who has dementia together with one other person (their partner/spouse/close friend or adult child). In addition as much as we encourage the involvement of the person who is living with dementia in The Relational Experience, we do know that some components may not be suitable for particular individuals (on particular days), so it is perfectly acceptable for one person to attend on these occasions. However, for certain components full participation is required. This will be discussed at the time of booking.

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